



# Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<b>Yogurt Parfait</b> <b>Available on Tuesday and Thursday</b> <b>As an Ala Carte or Meal option</b>	<u>Student Lunch Meal \$3.25</u> <u>Adult Lunch \$5.50 (Includes tax)</u>  <b>Yogurt Smoothies</b>  <b>Made to Order</b>  <b>Available Everyday</b>		<b>French Toast *</b> <b>Scrambled Eggs</b> <b>100% Maple Syrup</b> <b>Or</b> <b>Chicken Rice Bowl *</b>  <b>Broccoli</b> <b>Red Peppers</b> <b>Apple Slices</b>	<b>Fresh Baked Cheese *</b> <b>Or</b> <b>Pepperoni Pizza (P) *</b>  <b>Spinach Salad</b> <b>Sweet Potato</b> <b>Watermelon</b>
5	6	7	8	9
<b>Beef Cheeseburger *</b> <b>Or</b> <b>Corn Dog</b>  <b>Baked Fries</b> <b>Side Spinach Salad</b> <b>Cantaloupe</b>	<b>Beef Nachos *</b> <b>Or</b> <b>Chicken Tender *</b>  <b>Baked Fries</b> <b>Cucumber</b> <b>Orange Slices</b>	<b>Bean &amp; Cheese Burrito *</b> <b>Or</b> <b>Pancakes *</b> <b>Chicken Sausage</b> <b>Maple Syrup</b>  <b>Steamed Carrots</b> <b>Cauliflower</b> <b>Apple Slices</b>	<b>Grilled Cheese *</b> <b>Or</b> <b>BBQ Chicken Sandwich *</b>  <b>Roasted Corn</b> <b>Green Beans</b> <b>Strawberry</b>	<b>Fresh Baked Cheese *</b> <b>Or</b> <b>Pepperoni Pizza (P) *</b>  <b>Side Salad</b> <b>Red Peppers</b> <b>Banana</b>
12	13	14	15	16
<b>Cheese Quesadilla *</b> <b>Or</b> <b>Beef Tacos</b>  <b>Black Beans</b> <b>Side Romaine</b> <b>Banana</b>	<b>Pulled Pork on a Roll *</b> <b>Or</b> <b>Chicken Patty Sandwich</b>  <b>Sliced Cucumber</b> <b>Baked Fries</b> <b>Apple Slices</b>	<b>French Toast *</b> <b>Scrambled Eggs</b> <b>Maple Syrup</b> <b>Or</b> <b>Bean &amp; Cheese Burrito *</b>  <b>Baked Tater Tots</b> <b>Side Spinach Salad</b> <b>Banana</b>	<b>Chicken Rice Bowl *</b> <b>Or</b> <b>Hot Dog *</b>  <b>Baked Fries</b> <b>Roasted Butternut</b> <b>Orange Slices</b>	<b>Fresh Baked Cheese *</b> <b>Or</b> <b>Pepperoni Pizza (P) *</b>  <b>Spinach Salad</b> <b>Sweet Potato</b> <b>Pear</b>
19	20	21	22	23
<b>Spaghetti and Meatball *</b> <b>Or</b> <b>Grilled Cheese *</b> <b>Breadstick</b>  <b>Steamed Broccoli</b> <b>Caesar Salad</b> <b>Orange Slices</b>	<b>Cheese Quesadilla *</b> <b>Or</b> <b>Chicken Sandwich *</b>  <b>Roasted Corn</b> <b>Red Peppers</b> <b>Honeydew</b>	<b>Chicken Nuggets *</b> <b>Or</b> <b>Turkey Nachos *</b>  <b>Steamed Corn</b> <b>Steamed Carrots</b> <b>Orange Slices</b>	<b>Fresh Baked Cheese *</b> <b>Or</b> <b>Pepperoni Pizza (P) *</b>  <b>Celery Stick</b> <b>Roasted Butternut Squash</b> <b>Banana</b>	<b>School Closed</b>  
26	27	28	29	30
<b>Memorial Day</b> <b>School Closed</b>  	<b>French Toast *</b> <b>Scrambled Eggs</b> <b>Or</b> <b>Chicken Corn Dog *</b>  <b>Steamed Corn</b> <b>Red Peppers</b> <b>Banana</b>	<b>Beef Cheeseburger *</b> <b>Or</b> <b>Chicken Dumplings *</b>  <b>Steamed Edamame</b> <b>Peas</b> <b>Blueberries</b>	<b>Fish Bites *</b> <b>Or</b> <b>Chicken Nuggets *</b>  <b>Steamed Brown Rice</b> <b>Baked Fries</b> <b>Apple Slices</b>	<b>Fresh Baked Cheese *</b> <b>Or</b> <b>Pepperoni Pizza (P) *</b>  <b>Side Salad</b> <b>Red Peppers</b> <b>Banana</b>

Available Every Day

- Bagel with Cheese Stick Served with Cream Cheese or Butter
- Sunbutter & Jelly Sandwich; Turkey or Ham Sandwich
- Side Salad

All of these are offered as a Complete Meal, including vegetable, fruit and milk .

A Gluten Free Meal is available with 1 day notification

[Click here](#) to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.



All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain)

Vegetables (3/4 cup) and Apples, Oranges or Bananas are available daily.

All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat.

If you have any questions/concerns regarding this menu or there are special dietary needs, please email [gloria.estrada@irvingtonschool.org](mailto:gloria.estrada@irvingtonschool.org)

\* items contain Milk or Soy \*\*\*items with a (P) may contain pork. This Institution is an equal opportunity employer and provider